



Vestibular Test Instruction Form

The doctor has determined that further testing is needed to evaluate your auditory and vestibular systems. A total of four tests will be administered at our office and these tests will take approximately two hours to complete.

Patient Instructions

Certain medications will affect the results of these tests. It is very important that you **do not** take any of the following (unless they are essential) for **48 hours** before your test.

Anti-dizzy medications	Alcoholic beverages
Antihistamines	Barbiturates
Muscle Relaxants	Narcotics
Sleeping pills	Tranquilizers
Sedatives	Caffeine (Avoid on day of testing only)

If you are uncertain about taking a medication prior to testing, ask us about which medications might affect the test results. If you take any of the above medications within 48 hours of testing, you must tell the audiologist.

Do not eat or drink anything for four hours before the test. You will be more comfortable if you wear loose-fitting, casual clothes. Also, please do not apply any creams, lotions or makeup to your face prior to the testing. *****Mascara and Eyeliner should especially be avoided as they will affect the results of the testing.**

It is advisable to have someone available to drive you in case you are too dizzy to drive.

Procedure

For the first three tests, electrodes will be placed upon your forehead and in your ear canals. You will hear a series of clicking sounds while our equipment obtains information. For these tests, it is important for you to remain relaxed and to keep your eyes closed.

The final test is electronystagmography or the ENG. For this test, the audiologist will ask you to wear a pair of goggles that will monitor your eye movements. These will be used to record the inner ear's response to the test. First, you will be asked to follow a light with your eyes while keeping your head still. Second, your dizziness will be evaluated in different body positions. Finally, the audiologist will irrigate your ear canals with air slightly warmer and cooler than your body temperature. You may experience a brief dizziness from the irrigation. This is a normal reaction that will go away within a few minutes.

TEST APPT DATE/TIME

FOLLOW-UP APPT DATE/TIME

OTOLOGY & NEUROTOLOGY

Patrick W. Slater, M.D.
J. Andrew Clark, P.A.-C.

AUDIOLOGY

Kaylene Ball, Au.D.
Neah Washington, BC-HIS, ACA

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TEST RESULTS PROTOCOL

You have been scheduled for testing and a follow up visit with Dr. Slater for the results of your testing. This is to notify you of our office procedure for test results.

Dr. Slater is notified of your test results usually within 48 hours of having the test performed. You will be notified prior to your scheduled follow up appointment should there be a significant finding. Otherwise, you will get these results at that appointment. It is very important that you keep that appointment as the doctor integrates the clinical picture with the testing performed to gather his information about your diagnosis and treatment plan. If you would like to see your test results before your scheduled appointment, we can fax or mail the results page to you.

Thank you for your patience and understanding regarding our philosophy on maintaining the continuity of your care.

Austin Ear Clinic

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