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Consent for Inferior Turbinate Coblation Performed In the office or Operating Room

Description of procedure: Inferior Turbinate Coblation is a technique developed to reduce and shrink the soft tissue inside the turbinates. This is achieved using a needle like probe that is inserted into the Inferior Turbinate. This probe emits a gentle radiofrequency energy, not a heat driven process.

Advantages/Disadvantages: The procedure is very accommodating to being performed in the office setting. There is almost no blood loss and the healing time after the procedure is minimal. Patients typically experience a 50% reduction in nasal obstruction within one week. After the initial healing, you should experience a notable improvement in your stuffy nose. As the turbinates continue to shrink over time, your ability to breathe will improve. Turbinate size can vary among patients. As such, it may be necessary to repeat the coblation procedure to achieve maximum results. A very low incidence of side effects, including nasal discomfort or discharge, crusting or sneezing, has been reported in patients following treatment.

Patient Name (Printed): _____ **Date:** _____

Signature: _____

Witness: _____ **Date:** _____