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## **Consent for Balloon Sinuplasty Performed In-the-Office or Operating Room**

**Description of procedure:** Balloon sinuplasty is a technique developed to dilate (open) the natural drainage routes of the paranasal sinuses using tiny balloon catheters. These natural openings drain directly into the nose. The procedure can be performed under local or general anesthesia. The nasal cavity is anesthetized using both topical and injection of anesthetic (numbing) medication.

**Advantages/Disadvantages:** The procedure is very accommodating to being performed in the office setting. There is almost no blood loss and the healing time after the procedure is minimal. Patients can return to their normal activities almost immediately. Since the procedure is nondestructive in nature, it is much more comfortable postoperative than standard endoscopic sinus surgery. For this same reason, the risks associated with the technique are much less than standard endoscopic sinus surgery.

The patency (sinus open) rates for the in-office procedure compare to standard endoscopic sinus surgery.

### General Risks:

- Pain and discomfort associated with the procedure is minimal, and if under local anesthesia please tell your doctor during the procedure if you feel any pain.
- Bleeding- There is minimal bleeding since the tissues are not cut but dilated with a small balloon. Although a small tinge of bleeding may occur during the procedure and right afterward, only minimal bleeding is expected.
- Eyesight- Loss of vision and double vision are one of the most dreaded complications of standard endoscopic sinus surgery. This procedure (balloon sinuplasty) has only rarely reported incidence of visual complications.
- CSF Leak – This is another of the major complications that can occur with endoscopic sinus surgery. Balloon sinuplasty has only very rarely been associated with this complication.

Significant complications with this procedure are very uncommon. The most likely poor outcome from the procedure is that the openings to the sinuses do not remain open and might require further surgery in the operating room.

Alternatives to the procedure include more invasive surgery of the sinuses and continued medical therapy.

**YOU MUST HAVE A DRIVER WITH YOU AT THE TIME OF YOUR PROCEDURE. YOU ARE NOT ALLOWED TO DRIVE THE ENTIRE DAY OF YOUR PROCEDURE.**

**Patient Name (Printed):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Witness:** \_\_\_\_\_ **Date:** \_\_\_\_\_